

# Your Guide to OSHA MEDICAL COMPLIANCE LEARN HOW TO COMPLY WITH OSHA

HEALTHCARE STANDARDS.

## **10 MOST IMPORTANT OSHA STANDARDS IN HEALTHCARE**

Working in the medical field can expose healthcare workers to hazards that most other industries don't face.

While there are still some hazards that all workers face that must also be addressed in a healthcare setting, there are several additional standards to be concerned about. This is why OSHA standards were developed specifically for healthcare.

- 1. Bloodborne Pathogens
- 2. Ionizing Radiation
- 3. Respirable Crystalline Silica and Beryllium
- 4. Personal Protective Equipment (PPE)
- 5. Respiratory Protection Plan
- 6. Emergency Action Plan
- 7. Fire Prevention Plan and Portable Fire Extinguishers
- 8. Electrical Safety
- 9. Hazard Communication
- 10. Injury/Illness Recordkeeping and Reporting

Although there are hundreds of OSHA standards, the standards listed provide the primary ones healthcare providers must comply with.



To minimize workplace hazards, it's essential to understand the above OSHA standards list and how they apply to your medical or dental practice.

# Bloodborne Pathogens & Ionizing Radiation

#### **Bloodborne Pathogens**

When employees work in an environment that puts them at reasonable risk for exposure to blood and other infectious materials, employers are subject to OSHA's Bloodborne Pathogens Standard.

This OSHA standard requires employers to develop a written exposure control plan, train employees at risk of exposure, and implement measures to reduce exposure.

### **Ionizing Radiation Standard**

If your facility has X-ray machines, the Ionizing Radiation Standard applies to you.

This OSHA standard requires a survey to be conducted to determine the types of radiation used in your facility. There must also be designated restricted areas that limit employee exposure to radiation.

Employees working in designated areas must wear personal radiation monitors. Radiation areas and equipment must also be labeled with caution signs.





### **Respirable Crystalline Silica & Beryllium**

Respirable crystalline silica and beryllium exposure are of particular concern in dental offices and labs. Crown production releases harmful beryllium and respirable crystalline silica dust into the air. Permissible exposure levels (PELs) must be set to minimize employee exposure to these harmful substances. PELs are the maximum concentrations permitted for these substances.

A beryllium and respirable crystalline silica exposure control plan is critical to limiting employee exposure.

Your exposure control plan should describe:

- Tasks that involve exposure to the harmful substance
- Engineering controls, work practices, and respiratory protection used to limit employee exposure
- Housekeeping measures used to limit employee exposure



#### **Personal Protective Equipment**

Personal Protective Equipment (PPE) limits employee exposure to substances such as blood and airborne illness. Employers must determine which employees are required to wear PPE, such as masks and gloves. However, it is important to note that OSHA generally considers PPE the least desirable means of controlling employee exposure. Engineering controls and work practices are the preferred methods for employee protection.

### **Respiratory Protection Plan**

The Respiratory Protection Standard outlines respirator selection, usage, and maintenance. When an airborne contaminant requires the use of a respirator, the equipment must be appropriately stored, cleaned, and fitted to the specific employee. Under this OSHA standard, employers must also provide effective training to employees required to use respirators.



## **EMERGENCY ACTION PLAN**

Emergency Action Plans must be created specifically for your practice. Your plan must include procedures for the following.



RESCUE AND MEDICAL DUTIES FOR EMPLOYEES

NAMES OR JOB TITLES OF PERSONS TO CONTACT



## Fire Prevention Plan & Portable Fire Extinguishers

An OSHA Fire Prevention Plan is required for all businesses. This OSHA standard states that plans must be in writing and available for employee review.

However, companies with ten or fewer employees working in their physical office space may communicate the plan verbally. When hiring new employees, the fire prevention plan must be reviewed with them, and potential fire hazards must be pointed out.

OSHA also has specific requirements for portable fire extinguishers, including:

- Portable fire extinguishers must be mounted and readily accessible to employees
- Only approved portable fire extinguishers must be used
- Portable fire extinguishers using carbon tetrachloride or chlorobromomethane extinguishing agents cannot be used
- Portable fire extinguishers must be maintained in a fully charged and operable condition and kept in their designated places
- All soldered, riveted shell self-generating soda acid, selfgenerating foam, and gas cartridge water type portable fire extinguishers must be removed

<u>Please refer to the OSHA site</u> for more information on portable fire extinguisher requirements.



### Electrical Safety & Hazard Communication

### **Electrical Safety**

OSHA's electrical standards include safety practices and electrical design requirements. When an organization uses flammable gases, they may also need to install special wiring and equipment. Electrical hazards, such as wiring deficiencies, are among the most frequently cited by OSHA.

### **Hazard Communication**

The Hazard Communication Standard requires employers to inform employees about hazardous chemicals and how to protect themselves. Under this OSHA standard, employers must prepare and implement a written Hazard Communication Program and comply with other standard requirements. Substances such as cleaning products and disinfectants can be considered hazardous chemicals. Failing to meet the Hazard Communication Standard is one of the most cited OSHA violations in healthcare.



## Injury and Illness Recordkeeping and Reporting

Employers must keep accurate records of workplace injuries and illnesses. An annual summary of these records must be posted for employees. Records of employee training and safety inspections must also be recorded.

Under this OSHA Standard, work-related injuries and illnesses should be recorded and reported when it results in:

- Death
- Days away from work
- Restricted work or transfer to another job
- Medical treatment beyond first aid
- Loss of consciousness
- Cases involving cancer or chronic irreversible disease
- Fractures or cracked bone
- Punctured eardrum
- A significant injury or illness diagnosed by a physician or other licensed healthcare professional

Incidents involving the death of an employee must be reported within eight hours to OSHA and the U.S. Department of Labor. When incidents result in inpatient hospitalization, amputation, or loss of an eye, employers must report the incident within 24 hours.

Employers must also have a process for addressing employee complaints and responding promptly and effectively to concerns.



# How Does OSHA Enforce Its Standards?

OSHA enforces its standards through inspections. The priority of these inspections is based on a fatality, worker complaint, or imminent danger situation. Employees can file a complaint with OSHA and ask for an inspection of their workplace when they believe their employer is not following OSHA standards, or if there is a serious hazard.

OSHA citations can vary widely across industries. The most common OSHA citations in healthcare include failure to:

- 1. Implement and maintain an exposure control plan
- 2. Train employees and maintain records of training
- 3. Provide appropriate Personal Protective Equipment (PPE)
- 4. Provide Safety Data Sheets (SDSs)
- 5. Implement a Hazard Communication Plan

OSHA fines can range from \$0 – \$70,000 per citation depending upon the severity of the violation.



## HOW TO MEET OSHA STANDARDS IN HEALTHCARE

So, how can you meet OSHA standards in healthcare? Compliancy Group's automated healthcare compliance software simplifies OSHA compliance for healthcare.

The software gives you the tools you need to:

- 1. Provide OSHA training to employees
- Develop written OSHA programs and procedures
- 3. Conduct regular safety inspections
- 4. Provide proper safety equipment and controls
- 5. Address employee complaints and concerns
- 6. Keep records of workplace injuries and illnesses
- 7. Stay informed of changes to OSHA regulations



### **Compliancy Group's Compliance Software**



**Snapshot of Compliance Status** Easily view your current compliance status and task list.

**Employee Training** Effectively assign employee training, and track their progress.

**Policies and Procedures** Create custom policies and procedures that meet compliance needs.

**Risk Assessments** Simply answer a series of yes or no questions to assess your risk.

**Corrective Actions** Get corrective action plans automatically assigned based on answers.

**Incident Management** Easily report, track, and manage incidents.

There is a lot that goes into a healthcare compliance program, and our solution helps automate the process.

### **Compliancy Group's Compliance Software**



Our software has everything you need for compliance: templated policies and procedures, risk assessments, comprehensive training for your entire staff, vendor management, incident reporting, and more. No matter your needs, our software provides guided action items to meet your requirements with ease.

Solve healthcare compliance challenges quickly and confidently with simplified software. Remove the complexities and stress of compliance, increase patient loyalty and the profitability of your business, and reduce risk. Endorsed by top medical associations, clients can be confident in their compliance program.

### Get compliant today!







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